

seniors resources

The aim of this factsheet is to provide a concise list of resources for senior members of our community.

Below we have provided a list of resources we use on a regular basis. The resources offer detailed information on the most commonly questioned topics, such as aged care, respite, accommodation and financial support.

All information contained in these resources is current at time of publication. We endeavour to provide the most current information resources as possible. Please see resources for publication date and contact the publishing agency directly for hardcover versions of the resources through the details provided.



Title	Type of support & Organisation	Contact
Information Booklet on Fees for Home Care Packages and Residential Aged Care	The booklet provides information on fee arrangements for Home Care Packages and Residential Aged Care	1300 653 227 Department of Health Download Publication from: https://agedcare.health.gov.au/aged-care-reform/reforms-by-topic/information-booklet-on-fees-for-home-care-packages-and-residential-aged-care-for-people-entering-care
Guide to Aged Care NSW & ACT	The booklet is a guide to programs and services to older people. It contains a description of each of these and provides contact information.	DPSshop – Aged Care Products for Australians Download publications from:
5 Steps to Entry into Residential Aged Care	The booklet will help you to understand residential aged care, why you might need it and how arrange it. The information in the booklet is also for people who are assisting a family member or friend to understand the process of looking for suitable residential aged care.	1300 653 227 Department of Health Download publications from the publications page at https://agedcare.health.gov.au
A Guide to Australian Government Payments	The Guide to Australian Government Payments gives details of the payment rates and eligibility criteria for all payments made by Centrelink and the Family Assistance Office. The Information is updated quarterly to reflect any changes in payment rates during this time	132 300 Centrelink Download publications from the publications page at www.humanservices.gov.au or https://goo.gl/odv94w
Working Carers Gateway	A website containing fact sheets and information to assist working carers who juggle paid employment with unpaid caring	1800 800 340 DAISI